



MOONVALLEY journal

Second edition

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02

Welcome!



Welcome to the second edition of
MOONVALLEY journal.

The new magazine designed by Junior
students of the School of English at
UNACHI.

Our purpose is to share a compilation of
different types of essays, and the main
activities from the School of English in the
first semester.

We hope you enjoy our second release of
this magazine.



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Written by: MARIE
OLMOS

During this celebration, our family members participate in some unique activities. The first activity is that my godmother prepares a special bath. This bath contains apple, watermelon, pineapple, orange, roses, daisies, sunflowers, jasmine, and water. With this bath, we take a bath from head to toe and as we do this, we pray for our ancestors, for luck, love, and prosperity. The second activity is the meal. My grandmother and godmother prepare all the meals. For this meal, we focus on seven lucky foods that are fish, ravioli, spring rolls, Tangyuan (sweet rice balls), Niangao (rice cake), the good luck fruit that is the orange, and longevity noodles. The final activity is the exchange of gifts. The most common gift in our family is the red envelopes. The red envelopes have a handmade golden design, and money is placed inside.

Moreover, this celebration has an important meaning in our lives. The Chinese New Year means the closing of all the bad things that happened in the old year and the reception of the new year full of good intentions. It means the farewell of the representative animal of the old year, and the welcome of the new animal that will be accompanying us every day at every hour for the rest of the year. It also means the welcoming of a new year brimming with prosperity, health, and hope for all the family members and friends.

We do some unique things to share with our family and friends that have a very important meaning in our lives. All Chinese families have their own traditions, some more peculiar than others, but we all celebrate the same new year. If you have a Chinese friend, I encourage you to celebrate with him or her, and share their traditions. It will be a wonderful experience for sure.

Chinese New Year Tradition

Did you know that ninety-five million people around the world celebrate the Chinese New Year every year? In Panama, the Chinese community celebrates the Chinese New Year with a big event. Some people participate in those events, others celebrate the Chinese New Year in their homes. My family's tradition of celebrating the Chinese New Year is so important for many reasons.

Our Chinese New Year celebration is very special because of the people who are involved. In even years, we celebrate the Chinese New Year with all the family and friends. This involves our family and friends who live in Panama and the United States. In odd years, we celebrate the Chinese New Year with only our closest family and friends. This involves only our family and friends in Chiriquí. Maybe in odd years, we do not have many people attending, but we do celebrate big with our lovely family and precious friends.





Written by:
HAZael ESPINOSA

A Big Mischief

Have you ever done something for which you have regretted all your life? I had never been so scared in my life for a mischief. My brother did not stop crying, and in my mind I was thinking about the punishment that my parents would give me. In my childhood, I made a lot of mischiefs but this exceeded all known limits. All of the factors were lined up and with my actions I provoked a greater, terrifying story. During the Christmas holiday, my family was decorating our house when a very bad idea came to my mind.

The house was full of Christmas decorations and a moment of distraction was the beginning of a great mischief. My mother was attending our store and left us alone because we were decorating the house for our holiday party. Next, I saw a glue gun and I imagined that my brother and I were in a great battlefield. At the beginning, we were enjoying the game, but at one point, my brother got too close and I put the glue gun near his ear. Immediately, my brother began to cry and scream so loud. Consequently, my mind was in total confusion. My mother heard the scream, and I heard her walking towards us.

My mother's reaction was terrible because her little boy had a wound near his left ear. My mother ran to the bathroom and brought toothpaste and put it on my brother's wound.



At that moment, I felt very tense because I knew that a great punishment was coming my way. The screaming stopped and in an instant, the atmosphere of the room was full of tension, and the consequences of my actions were about to come. My mother asked me why I had done this terrible mischief.

The consequences of my conduct were bad for me, but fortunately my brother was okay. When my mother asked me for the reasons of my mischief, I did not know what to say, but I had to explain what had happened. My mother explained the importance of being careful with the things that are dangerous to play with. A bad action deserves a punishment so I received a whipping from both of my parents. I knew that I deserved it, but for me, the worst punishment was knowing that my brother was going to have a scar for life because of my mischief.

Afterwards, my mother talked to me with sweet words and made me reflect on the consequences of my actions. Then, I apologized to my brother for this bad incident and embraced him as a sign of repentance. I reflected on what I had done, and learned an important lesson. I learned the importance of separating fiction world from reality. In the future, I need to think very well on the things that I can do in leisure moments, also on the consequences of my ideas.

Did you Know that...?

A narrative essay tells a story.

The Structure of a narrative essay is: setting, theme, mood, characters, plot.

Panamanian and Islamic Burials

Did you know that there are thousands of different cultures around the world? In fact, there are between 5,000 and 6,000 cultures worldwide. Most of them are completely different from one another even if a few of them might have something in common. In addition, all cultures have a unique way to celebrate their customs. As a result, the Panamanian culture and the Islamic culture differ in the way people give their last goodbye to the ones they love.

Panamanian funerals are different from Islamic funerals. When a person dies, Panamanians start celebrating a funeral with a vigil or wake time. Usually, the women of the family cry over the dead person. Many people in the family and from the neighborhood attend the funeral to show respect. In addition, Panamanians believe that the more people attend the funeral the more respected and loved was the dead person in life. After the vigil, people celebrate a mass in a church where men and women sit together, and the closest places to the coffin are reserved for the family of the dead. In the burial at the cemetery, people usually place a monument, candles, and flowers.

Islamic people celebrate funerals in a different way. Unlike Panamanian funerals, Islamic funerals do not have a viewing or vigil time. Instead, they follow some steps to prepare the corpse, which is washed an odd number of times.

Not too many people attend the funeral because they want to bury the corpse as soon as possible. The burial mass is celebrated in a mosque. There, women and men enter with no shoes and sit separately. Monuments, elaborated markers, and flowers are discouraged, so at the cemetery they only place a piece of stone with the person's name because they believe that they must remember the person in Allah's name in a humble way.

As you have seen, both Panamanians and Islamists have a different way to celebrate funerals. The things they do right after a person dies, who attends the funeral, the way they are placed in the church or the mosque, and their graves might be the most remarkable differences between Panamanian and Islamic people. Because of this, both the Panamanian culture and the Islamic culture are really different.



Written by:

SAMUEL AGUILA



In a comparison essay, you can compare ideas, people, different times in history, or other things.



Written by:
JAYMINI AHIR

Diwali—The Festival of Lights



Have you ever heard about the Grand Festival of India? India is the land of festivals, and among them, Diwali is the most important, colorful, and sacred festival for Hindu religion, also called “the Festival of Lights”. This festival means to Hindu what Christmas is to Christians. There are several reasons, days of celebration, and traditions to celebrate this special festival.

The Hindus celebrate this festival in honor to a lord Rama who is the seventh incarnation of the lord Vishnu. According to the Hindu calendar, it falls on the Amavasya of the month of Kartik every year, and in the last week of October or on the first days of November by English calendar. It is believed that on this day lord Rama, his wife Sita, and his brother Lakshmana returned to his kingdom after 14 years of exile, which he fought and won a battle against the demon king Ravana. Ayodhya’s People welcomed them with oil lamps along the way, to light their path in the darkness. Ever since, the Hindus has been lighting oil lamps so far.

This joyous occasion lasts for five days with different activities of celebration. On the first day, the puja called Dhanteras, is held to worship goddess Laxmi so that she can shower wealth and good fortune on them. The next day, the demon Narakasura was killed by Lord Krishna, Satyabhama and goddess Kali, so it’s called Kali Chaturdashi celebration. The following day is the celebration of Diwali, therefore everyone lit the lamps outside their houses, distribute sweets and burst crackers.

After that day is the Indian’s New Year in which people go to neighbor houses to greet and wish them luck. The last day celebration is about the dedication of sisters who make special dishes for brothers, and they receives gift from them, and it is called Bhaidooj.

There are many traditions and cultural beliefs that the Hindus follow during this festival. A few days before, people illuminate their homes and workplaces with cleanliness and electricity. On five days celebrations, people offer prayers to gods to praise, give honor and thank them for the blessing, health and wealth that gods give them. In addition, people leave their bad habits and adopt good habits to bring happiness and progress in their life. On a New Year occasion, everyone wears new clothes, make sweets and traditional food, and share them with each other.

As a result, different traditions and several days celebration makes this festival grand in India. I believe that it is one of the most important festival, as it symbolizes the victory of good over evil. On a whole, it brings happiness, hence everyone celebrates it with joy and enthusiasm throught the length and the breadth of India.

Did you know that...?

An essay is a short collection of paragraphs that presents facts, opinions, and ideas about a topic.

The Five common kinds of essays are narrative, cause-effect, argument, and reaction.

An essay has three basic parts: Introduction paragraph, body paragraphs and conclusion paragraph.

Volcan District: Independence Celebration

Do you know about Volcan District Independence Celebration? People from Volcan celebrate the Independence with a lot of activities. They prepare attractive activities such as parade with flowers, a fair and a cultural presentation.

The first activity that people from Volcan prepare is a parade with flowers. They develop a car contest. People decorate their cars with many flower arrangements. A lot of people from other parts of the country bring their cars to participate in a car contest that rewards the best decorated car. Also, people prepare flower arrangements to decorate the streets.

They put these arrangements of the streets forming big and beautiful sculptures.

Another event that is developed in this celebration is a fair. In this fair, people of the town put stands and they sell different kinds of flowers like Begonia, Sapling of Pine, and Zantedeschia. Tourists and visitants like to buy flowers there because they can find unusual species of flowers and it's cheaper.

The last event that they prepare is a cultural presentation. In this event they make folkloric performances that are developed by the people of the town. Also, they have a singing contest where several people participate in karaoke and folklorical singing. Another thing that they develop is the singing performances. Here, the authorities invite famous singers of the country in order to present their performances to the people who come to see them.

Finally, we can say that people from Volcan celebrate their independence in the best way, developing all of these important and famous activities as parade with flowers, a fair and a cultural presentation. For them this is an indispensable event which helps the economy and growth of this place.



Written by:

YOSELIN GUERRA

DID YOU KNOW THAT...?

- ⇒ A descriptive essay uses the five senses in order to give the readers a vividly and clearly information (sight, taste, touch, hearing, smell).
- ⇒ The use of prepositions of location is important in descriptive essays because prepositions indicate where something or someone is in relation with something or someone else.

The Most Embarrassing Experience of my Life

Have you ever thought “just kill me now” in any moment of your life? Sincerely, I have thought that in almost every moment of my life! It is incredible how many funny and embarrassing experiences I have had. I think I could write a book about them! There is a specific situation I consider is in the top of my embarrassing experiences, and I will tell you why.

Since I was a girl, I always liked English. I have always wanted to be part of something related to the language, but I have never had the opportunity so far. I was always thinking about ways to accomplish my dream, but I never found anything. Because my family’s economy has never been good, I just had the option to listen to music and to try to learn from it. What I never imagined was that one day my luck would change, and my dream became true.

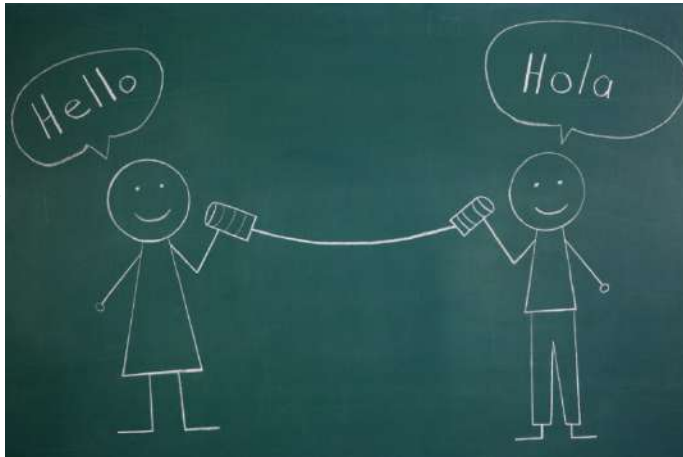
In 2016, when I was in high school, there was the After-School Program. I heard about it, and I immediately felt motivated. Because I thought it would be a great opportunity, I decided to register on it. So, I started to go to the course. I went every day after high school classes, and then my father picked me up after his work. It was always the same routine except one day.

I remember that special day was raining. Unfortunately, my father called me to tell that he would not be able to pick me up because he would be busy.

However, he gave me the option of waiting for him until he would be able to. Because I did not have another option, I decided to wait. What I did not know was that my decision would drive me into the most embarrassing moment of my life.

I was waiting some hours until my father arrived. He came in a minivan with some people, and he introduced me to them. I remember there was a pretty handsome American guy, and my father suggested me to practice English with him. Consequently, I never imagined I would react in a very embarrassing way.

The guy started talking to me. He told me I also could speak Spanish because he also understands it, but I was not able to. I suddenly got in shock, and I was not able to say anything in any language. My nervousness was so high that I even forgot my name! It was so embarrassing because the guy was there expecting an answer that he never received. After this frustrating situation passed, I started practicing more English, and I also learned to take more control of my emotions because I never did it at that moment.



Written by:
**ROSARIO
GONZALEZ**

INFO CHART

Did you know that...?

- ⇒ Narrative is another word for story.
- ⇒ Even though a narrative essay has the same basic form as most other academic essays, it allows the writer to be a little more creative than academic essays usually do.
- ⇒ Hooks are especially important in narrative essays because they help set the stage for the story.



No More Plastic Bags!

Will life be better without plastic bags? Will you adapt to the reusable ones? We are so accustomed to use plastic bags, but it is necessary to create awareness for a better Panama by prohibited its use. We will say goodbye to the plastic bags and have a warm welcome to the reusable ones with the implementation of the new law. It is important to know about this new law, the participation of MiAmbiente and ACODECO, and how

it will help the environment.

Plastic bags are harmful to the environment and they can take between 50 and 500 years to degrade. So that, in Panama through the Law 1 of January 19, 2018, approved by the Asamblea Nacional and sanctioned by the Organo Legislativo, in order to reduce the negative effects of plastics bags on the environment.

This law allows the use of the reusable bags in all the business establishments of our country.

It is going to start to govern on July 20 of this year, and there will be punishment for those who do not follow it.



Some authorities have a significant participation in the enforcement of this law such as MiAmbiente and ACODECO. MiAmbiente oversees raising awareness among the national population about the non-use of

plastic bags and the introduction to reusable bags. In the other hand ACODECO is responsible to visit the markers and verify not only the non-use of plastic bags but also the price of the new bags if

they will sell it. With the participation of these both authorities, this new law is going to work effectively.



Legally, getting rid of the plastic bags will bring strong benefits for the environment. It is a less polluting alternative for our environment. With the use of reusable bags there will be a decrease in plastic bags that pollute rivers, seas and oceans. By using reusable bags we are going to preserve the life of many marine animals. There will be less soil contamination because people are not going to have plastic bags to through away in any place. Also, if the consumers support this law they will have a change in their habits of consumption, and little by little it will help to have a better environment.

Establishing more laws like these, which encourage people to be more aware of the non-use of plastic bags could be beneficial for Panama. If we work all together and make sense of the importance of this new law, we are totally sure that it will bring many benefits for our environment, and of course we are going to adapt to this new form of life.

2019 Panamanian General Elections

A look of the process, candidates and results.

General elections were held in Panama on May 5th, 2019. During the whole electoral process, candidates were involved in a very strong confrontation to determine the power of political parties in Panama. It should be noted that all candidates for the presidency are very well-prepared professionals in different areas for the good development of the country.

According to the official website of the Electoral Tribunal, there are seven candidates for the presidency. Laurentino "Nito" Cortizo from the Democratic Revolutionary party, Rómulo Roux Pertaining to the Cambio Democrático party, José Blandón is a candidate under the "Panama We Can" alliance, Saúl Méndez Rodríguez, the candidate for the Broad Front for Democracy, Ana Matilde Gómez for Free Postulation, Marco Ameglio for Free Postulation, and Ricardo Lombana candidate for Free Postulation.

On the Election Day, the Election Tribunal, which is the national body responsible for counting votes, showed the official result of the electoral party.

Candidate	Party	Votes	%
Laurentino Cortizo	Democratic Revolutionary Party	655,428	33.35
Rómulo Roux	Democratic Change	609,223	31.00
Ricardo Lombana	Independent	369,303	18.79
José Blandón	Panameñista Party	212,812	10.83
Ana Matilde Gómez	Independent	93,608	4.76
Saúl Méndez	Broad Front for Democracy	13,582	0.69
Marco Ameglio	Independent	11,321	0.58
Invalid/blank votes		48,782	—
Total		2,014,059	100
Registered voters/turnout		2,757,823	73.03

Source: Election Tribunal

In democracy, the people are in charge of choosing who held the country for 5 years; and this time, for a number of 655,428 votes was victorious the candidate Laurentino "Nito" Cortizo Cohen. His lack of personal scandals has earned him a positive reputation in a campaign where corruption is the top concern. Voters hope his familiarity with the agricultural sector will help him address a crisis stemming from a lack of import controls.



What he would do in the new government? Fight corruption, Cortizo promises to reform the public contract law and supports passing constitutional reforms via Congress. He's also pledged to eliminate Panama's food safety authority, an entity criticized for favoring imports over national production.

Written by: B.A. Junior Morning Session

Panama Elections Highlights

On the past May 5th, the future of Panama was lying on the hands of its population. The seven candidates that were disputing the presidential seat tried to reach all the Panamanians, including the half million young people that were about to vote. The young adults who voted in this election have very different opinions on how this experience was. In order to understand better how the youth lived this election, some students of the School of English have shared their experience on this recent election.

Anonymous.

Age: 21

“I felt nervous when I was going to vote, because the decision that was about to be taken was important. Unfortunately, none of the presidential candidates was good enough”

“I didn’t like the irregularities that took place while the votes were being counted. I felt someone was trying to commit an electoral fraud.”

“I liked the fact that I was able to exercise my right to vote, and choose the next president. Moreover, I liked the security around the ballot centers” (centros de votación)

Edgardo Hernández

Age: 21

“At the beginning, I was not interested neither on the elections nor in politics, but seeing through social media how much corruption was taking place in my country, I chose to get involved. I made a research about every presidential candidate. Three or four months before the elections, I took a decision to support to the candidate I chose: Ricardo Lombana”

“I am afraid of corruption; I don’t want the same politicians that are stealing from us. I want a change in my country”

Katherine Vergara

Age:19

“I felt excited, because it was my first time as a voter. I was happy, cause in Panama we have this freedom that other countries lack.”

“It was hard to mark the check on the ballot paper, because they gave us a crayon that did not worked well. It was hard to make the check”

“The process in the ballot center was quick. I loved that.”

I did not have too much interest on the elections, but once I arrived to the ballot box, I felt the weight of the responsibility. I have to say that I was in disagree with the results of the elections, but it was not a big deal for me.”

Nicolas Peralta

Age: 22

Panama Elections Highlights

Marie Olmos

Age: 22

“On the elections day I felt clearly that I was not a girl anymore, but an adult. I liked the ballot paper, but I hated the big crayon to make the check because it didn’t work!”

“About the results, I didn’t like them. Lombana was the right one.”

Kendall Vega.

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“I felt very confused. I didn’t know who to choose. I had many doubts. Honestly I don’t like politics, so I was lacking on information when I reached the ballot box.”

“I participated as a “vocal”. I was standing from 5:30 a.m to 2:00 a.m on the next day. I felt too much hot, because the room where I was didn’t had any fan. I very felt tired. My job there was watch over the new voters, to make sure they fold the ballots correctly. I had to be very patient. Due to this, the elections were a tiresome experience for me.”

Jose Barraza,

“I felt confused, because I didn’t know which was the best option to choose.

I was wondering who was the best option. I do not like too much politics, so I didn’t know who to choose”

Hazael Espinosa.

“It was my second experience as a voter. It was a sunny day. My family and me went together to exercise our right, all wearing the t-shirt of the national football team of Panama. We enjoyed the moment as a family.”

“I voted for the person I believed the right one, even if this person was not likely to win.”

“I loved the feeling of nationalism around me. I saw some children wearing the t-shirt of the Panama football team too, so I was reminded of how all of us are part of this country.”

“When I arrived to my home, I turned on the T.V to follow the process, until find out the results of the presidential election. That day, I went to sleep late, but with the satisfaction of fulfill my duty with my country.”

While reading this opinions, you may have felt identified with the good, the bad, and the ugly that happened on May 5th. Nervousness, happiness, and confusion were some of the feelings experienced by the new voters. The most of the young were very well informed, and made a conscious decision on May 5th. The last opinion belongs to a young adult that voted for the second time, and enjoyed the day. The opinions exposed here show that young people are able to make informed decisions, and are conscious of the reality of the county. The maturity of the young minds interviewed enlighten the future of Panama

Written by: B.A. Junior Afternoon Session.

Get Together 2019



On June 26th, the School of English had the opportunity to celebrate one The Get Together once more thanks to the Senior Students and the support of the professors of the School of English. The event was celebrated in the Elsa Estela Real Auditorium during all day.

The Get Together is an event founded by Dr. Christine Schuller in 1988. Exactly 31 years ago, she had the idea that the students of the School of English could work together and be able to implement different sketches. Also, the students would have the opportunity to show their talents such as singing, dancing, and many others. The students would project on a stage where the audience would be their own classmates and professors.

The main goal of The Get Together is that the seniors students welcome the freshmen students of the School of English. The Seniors Students organize the program of the event and choose the theme of the Get Together. This year the theme was Classics of English and American Literature. At the same time, they assign the themes to all English School groups sessions including BA and AA program.

Each group should work together in making the script, scenery, video, sketch and choreography, where all teamwork is shown. On the other hand, the seniors students let the Freshmen Students groups know to choose a girl and boy to represent the group for the day of the Get Together. They need to be prepared to show their talents the day of the get together and ask questions related to the themes of the get together. At the end, according to the results, a king and a queen will be selected.

On the day of the Get Together, three judges are assigned where they have the opportunity to qualify all the presentations for all the English School contest, even the queen and king presentations.

On June 26th was the day where all English School students shown and demonstrated on the stage the effort of months of teamwork. All the performances were unique because each group's presentation share an important message to the audience that teamwork have excellent results. At the end of the event, the judges had the hard work to choose the best script, video, sketch, actor, costume, and the queen and king of the Get Together 2019.



The event was possible thanks to the effort of the English School students by the coordination and supervision of the English School's director, the professor Gisela Cano. She guided and gave advice to all the students that were in charge to prepare the Get Together. Having celebrated the Get Together one more time was very satisfied for the teachers and students. This event gives the opportunity to the students to acquire more experience in the English language proficiency. We hope that this event continues celebrating every year as it has been doing since 1988 thanks to the initiative of Dr. Chistine Shuller. Events like these helps strengthen higher education.



B.A. Junior Morning Session



GET TOGETHER

Have you ever been in a “Get Together” event? While there are students from UNACHI who have never heard about this exciting event. There are some students from other universities who would wish they could enjoy the Get Together event at least once. But, what makes Get Together the most attractive event of the year? To find out this we need to know three important aspects, what is this event about, the purpose of the Get Together, and what happens during this event.



The Get Together is the waitest event of the School of English from la Universidad Autónoma de Chiriquí. Every year, this event takes place before the final exams of the first or second semester. This event is celebrated at the Elsa Estela Real Auditorium every year by the senior students. All of the groups from the School of English since freshman students until junior students are the main guests of this event. Also, all these groups must participate in the different activities that take place during Get Together such as the sketches, choreographies, the costume contest and so on.



The purpose of the Get Together is to strengthen teamwork, let imagination flow, and to develop creativity. Preparing for the Get Together is not just the responsibility of the senior group, but it is the responsibility of all the groups. Although senior students are in charge of the main preparations for the Get Together and it is organization, the rest of the groups from the School of English are responsible for the event's success and all the fun that will stand out along the event. Before the Get Together, every group must work together in important things as the script making for the sketches, the money that must be collected for everything that is going to be part of the scenography, the actors' costumes, and other expenses.





To sum up, The Get Together is an important event that is organized by the students of the School of English every year during the English Week. Moreover, the Get Together was thought and planned for what its name stands, working together as a group, having fun, and improving the student's oral skills, writing skills, creativity, and so on.

Written by: B.A. Junior Afternoon Session

The day of the Get Together, the students from the School of English start getting ready with their costumes and makeup very early in the morning. This event usually starts at 11:00 am. The auditorium is usually decorated by the senior students according to the theme of the Get Together. This year, the main entrance of the auditorium was decorated with Narnia theme decorations which looked absolutely stunning. The Get Together starts with an opening from the senior students, which includes a choreography and welcoming words from the president of the get together. Also, the judges of the Get together are presented. Later on, sophomore to junior students present their sketches dressed up as famous movie characters. These sketches usually have a duration of fifteen minutes. After the sketches, the groups also present a choreography. When the last sketch and choreography has been presented, the president of the get together announces the queen and king of the Get Together. Also, they announce the winners for the best costume, best group video, best choreography, best script, and the amy shuler's award for best sketch.



Did you know...?

There are two basic ways to organize a comparison essay: **The Block Method:** you present one subject and all its points of comparison; then you do the same for the second subject. **Point-by-point:** you include both subjects in one point of comparison before moving on to the next point of comparison.



Trip to Panama City

Have you ever had the opportunity of going on a field trip with your beloved friends? Probably not, but what we experienced as a group of friends, we would never change it for anything in the world. We had some of the most pleasurable experiences of our lives on this trip. We shared and exchanged knowledge with professors and students of Universidad de Panama, we explored several places in Panama City to make tourism, and we equally enjoyed exceptional moments with all of our social group of friends.

On that day, we wanted to know more about Panama City, so we naturally started making local tourism by ourselves. After we arrived at the hotel, a specific group decided to go to a party to Casco Viejo, and the other group went to the Cinta Costera to capture attractive pictures.



Next morning, we visited many places in Casco Viejo such as historic churches like Iglesia de la Merced, Iglesia de San José, and Catedral de Panama. We also explore Plaza de Francia and many other museums. In our itinerary, we had planned to visit the Biomuseo, in which we learned more about Panama's biodiversity. One of the tourist guides described us that "biodiversity is the variety of organisms and ecosystems." Most of the guides explain everything in the



It was precisely 7:25 p.m. when we arrived at Universidad de Panama, local students gave us a warm welcome. They instantly started the academic program, presenting the local authorities from the School of English and from UNACHI as well. One of the local students demonstrated her amazing talent to us playing wondrously the piano. Then, distinguished Professor Gisela Cano started explaining about the academic accreditation of the English career at UNACHI. Next, a six credits student asked for enthusiastic volunteers to play a specific game called "Taboo." Later, some considered students of Universidad de Panama offered us a toast.



Biomuseo in English and it was good for us to experience that. After finishing our visit to the Biomuseo we went and have lunch

in the huge Albrook Mall, and also explore the mall. Some went back to the hotel to watch the football game or dive into the hotel pool. Some went and had a ride in the metro and explore the city in various perspectives.

Next day, we left the hotel in the morning and got prepared to go to Miraflores Locks, we got into the museum and gained the impressive experience of watching a ship pass through the locks.



This was the last thing that we achieved in the capital and we departed from the modern city and set off on our journey back to our dear home. During these memorable days, we experienced significant moments with our friends, and these pleasant memories will always be present in our lives. The most outstanding thing that we achieved, was that we shared a lot of fun and special moments as a group. At the beginning, we met with each other and reinforced our friendship. In addition, we shared pleasant moments with the professors who went with us. We captured many photos because we wanted to preserve those memories for the rest of our lives. Something that we agree is this trip has been one of the most grateful experiences that we have lived.



Ultimately, we enjoyed this trip with our partners and teachers even though we made different activities. We could spend time developing tourism and discovering a little bit of the vast capital of our country, visiting historical and touristic places in the city. The most significant thing about a trip is to enjoy and share every moment with the people around you, and I am certain we did it. It was an incredible experience full of joy, learning moments, laughs, and happiness.

Written by: B.A. Junior Morning Session





Field trip Panama City 2019

Have you ever wondered how it would be to travel together with your classmates and professors from the School of English? As every year, traveling to somewhere after the Get Together event is a great experience that all the students from morning, afternoon, and night session of the school of English are able to enjoy. The purposes of this getaway are to visit other English Schools of other colleges, as well as to get to know students among themselves. This year, students and professors from the School of English had the opportunity to go to Panama City and visit famous places there. We enjoyed a lot the places and the company, but we also learned a bit more about our history and culture. We spent almost three days in Panama City, in which we could visit the amazing School of English at Universidad De Panama, the historic town called “Casco Viejo”, the Bio-Museum, and The Panama Canal.

The first place we visited when we arrived was Universidad de Panama. At the beginning we got lost, but some students helped us to find the Faculty of Humanities. Once there, students from Universidad De Panama started the program by presenting the directors of the School of English there. Then, The UNACHI students had the opportunity to show by videos how the English week, including the Get together, is celebrated in our University. Besides that, Professor Gisela Cano talked about The Get Together and the accreditation of the English Degree. After that, we had the pleasure to hear an amazing piano song played by a senior girl.



Moreover, some students of both colleges played a game called Taboo, where they had to guess the word that was written on the cards. At the end, we took a picture of both groups of and we had a small toast that they had prepared for us as visitors.

Next day, we visited the Casco Viejo, which is an old and beautiful town in Panama City. The buildings are in various stages of renovation, with a strictly enforced standard of Historical Authenticity. When you walk the streets of this town, you get a feeling of peace and harmony thanks to the nicely decorated colonial-style buildings. In the morning, we walked all over the town for 5 hours to see everything that that place had to show us. We had the opportunity to visit some amazing churches and the theater. After that, we took a break in the central park, which was full of pigeons, while enjoying a “Raspao,” a Panamanian sweet drink on ice. We also had a good time talking to each other and taking pictures.

We also had a good time talking to each other and taking pictures. At night, some of the students went back to Casco Viejo to have dinner and some drinks, to wrap up the day in the best way.



Another place we visited was the Bio-Museum in Calzada de Amador. When we arrived, we bought the tickets and a guide started to explain us some interesting information. One thing that we learned was that the museum is based in Panama's Biodiversity. Panama is the habitat of thousands of butterflies and birds, and this is the only country that has the most of them. There are 1009 species of birds and 282 butterflies in the museum. We also had the opportunity to see thousands of different species of fish in the aquarium. We visited "El jardín de la biodiversidad" which is full of plants and flowers. Each plant in this museum tells a story as well as the reason why they are chosen. The bio-museum reminded us of all the biodiversity in fauna and flora that Panama owns, and it was one of the most interesting parts of our trip.

The Miraflores Locks of the Panama Canal was the last stop of our trip. When we arrived, we had a short-guided tour, so we visited the Panama Canal Museum. This Museum is composed of four exhibition rooms, which talk about history and beauty of the canal.



Theater to see a movie where we saw how this structure has helped the business of the world, since 1914. After the movie, the person who guided the tour said that it takes eight hours to cross all the stages that has the Panama Canal. Nowadays, after an intensive construction program, the Canal has two new locks that contribute the transit of bigger ships called Neopanamax. These two new locks help in an environmental way, which prioritizes water saving and the reduction of air pollution. Visiting the curious and interesting Panama Canal, we could see all the advantages and history of the construction of the Canal. At the end, all the professors and students had a great time watching by themselves how two huge ships were crossing the Miraflores Locks.

In conclusion, traveling together through Panama City in places such as the amazing School of English at Universidad de Panama, the historic "Casco Viejo," the wonderful Bio-Museum, and the magnificent Panama Canal made up a perfect adventure for both, students and professors. After the Get Together event, there is no better way to continue spending quality time than participating on a trip like this. Learning about our history and culture was an important part of the trip, but sharing with students of our school that we had never spoken with before was the best. This experience helped all students to get to know our friends deeply, and also to make new ones. If you have the opportunity to go to one of these college trips, don't miss it! Remember, getting together as we did in this Panama City Trip is the key to achieve good relationships among all the students of the School of English.

Written by: B.A. Junior Afternoon Session.



Alphabet Soup

W N B T Z Y S E P V X F E V I T A R R A N D C
 W O J H L J N U Q E X T D U D M Q B R E B F T
 Y T T S W D Y W X I M M K X L Z N U S B A K W
 N N G T E V I T C E J D A N R U O G N H V C S
 D G N A H N P U Z D F N Y Z E J I E O K O O G
 Q G I T O U U R A M M A R G E A T R I G J N U
 F K T I Q Z W Q D A B L A C K T C U T U T C L
 L O I V Y S E V I T I N I F N I U N S S T L K
 G O R E D U P Q G U L D U Q I Q D D E N S U T
 S H W V O Q G I L S D S U W J Z O S U U E S Y
 V W J E B S W R H E Z P D C O P R I Q O L I Q
 I T Z R O L M E X R X G V U Y R T L G N C O J
 Q X M B O A F V F Y G H X D A Q N U A D I N P
 E Y B S N D D R F E S S A Y S Z I D T F T J Y
 U V R V S O U A M R O Q U H N F X E J R R Y Y
 L I U W C M F S V U U I X I G D W E D T A T P

Find the following words in the puzzle.

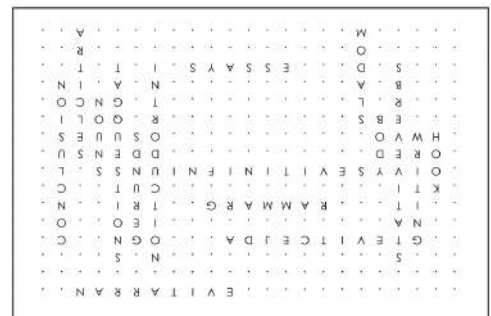
Words are hidden ↑ ↓ → ← and ↘ .

ADJECTIVE
 ARTICLES
 BODY
 CONCLUSION
 ESSAYS
 GERUNDS

GRAMMAR
 HOOK
 INFINITIVES
 INTRODUCTION
 MODALS
 NARRATIVE

NOUNS
 STATIVEVERBS
 TAGQUESTIONS
 WRITING

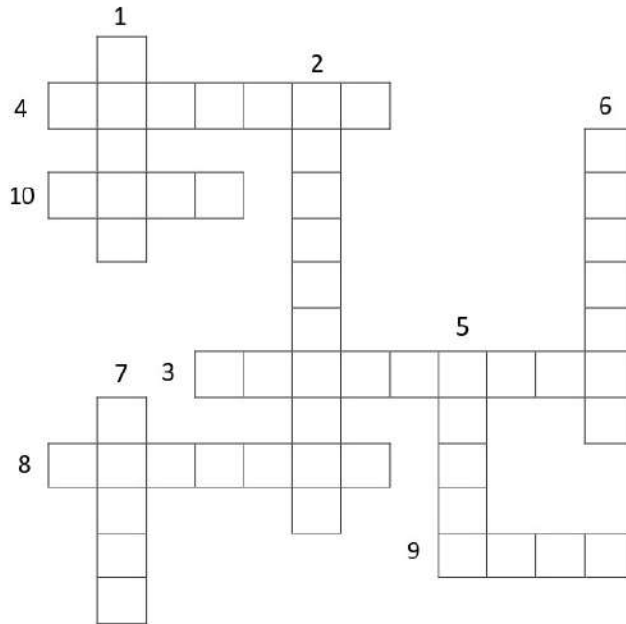
Answers



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Crossword

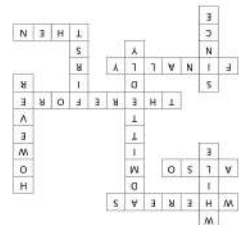


Across

3. She prepared very well for the test. _____, She assured that she was going to get a good grade.
4. All my friends studied math, _____ I studied English.
8. _____, the last point is the use of transition words.
9. For making an excellent cupcake, you need to buy all the ingredients, _____ you need to mix the eggs with flour.
10. The store has a lot of new products, _____ a new collection of shoes.

Down

1. I listened music _____ I was doing my homework.
2. _____, the Internet facilitated many daily tasks.
5. _____, we have to get the materials in order to start.
6. I am in the university studying English. _____, the lessons are very complicated.
7. Camila has a beautiful dog _____ last year.



Comic from: B.A. Junior Morning Session



Comic from: B.A. Junior Afternoon Session





IT'S NOT TOO LATE TO WRITE YOUR BEST STORY.

-BRYAN HUTCHINSON, AUTHOR OF,
"WRITER'S DOUBT" - POSITIVEWRITER.COM

